

HAPPY
fall
y'all



A.M. SNACK

Dreamland Preschool

10/1/2026 - 10/31/2026

Monday	Tuesday	Wednesday	Thursday	Friday
Be watchful, stand firm in the faith, act like men, be strong. Let all that you do be done in love. 1 Corinthians 16:13-14 <i>*Soy Milk is served in Sub</i>			1 Whole grain gold fish, Apple, 1%Milk 홀그레인 골드피시, 사과, 1%우유	2 Cheerios Whole grain cereal, Banana, 1%Milk 홀그레인 시리얼, 바나나, 1%우유
5 Cheerios Whole grain cereal, 1%Milk 홀그레인 시리얼, 1%우유	6 Wheat Thins, Hawaiian Sweet Rolls, 1%Milk 위트크레커, 하와이언 스위트 롤, 1%우유	7 Whole Wheat Bread w/ Strawberry Jam, 1%Milk 홀위트 빵 w/ 딸기잼, 1%우유	8 Whole grain gold fish, Apple, 1%Milk 홀그레인 골드피시, 사과, 1%우유	9 Cheerios Whole grain cereal, Banana, 1%Milk 홀그레인 시리얼, 바나나, 1%우유
12 Cheerios Whole grain cereal, 1%Milk 홀그레인 시리얼, 1%우유	13 Wheat Thins, Hawaiian Sweet Rolls, 1%Milk 위트크레커, 하와이언 스위트 롤, 1%우유	14 Whole Wheat Bread w/ Strawberry Jam, 1%Milk 홀위트 빵 w/ 딸기잼, 1%우유	15 Whole grain gold fish, Apple, 1%Milk 홀그레인 골드피시, 사과, 1%우유	16 Cheerios Whole grain cereal, Banana, 1%Milk 홀그레인 시리얼, 바나나, 1%우유
19 Cheerios Whole grain cereal, 1%Milk 홀그레인 시리얼, 1%우유	20 Wheat Thins, Hawaiian Sweet Rolls, 1%Milk 위트크레커, 하와이언 스위트 롤, 1%우유	21 Whole Wheat Bread w/ Strawberry Jam, 1%Milk 홀위트 빵 w/ 딸기잼, 1%우유	22 Whole grain gold fish, Apple, 1%Milk 홀그레인 골드피시, 사과, 1%우유	23 Cheerios Whole grain cereal, Banana, 1%Milk 홀그레인 시리얼, 바나나, 1%우유
26 Cheerios Whole grain cereal, 1%Milk 홀그레인 시리얼, 1%우유	27 Wheat Thins, Hawaiian Sweet Rolls, 1%Milk 위트크레커, 하와이언 스위트 롤, 1%우유	28 Whole Wheat Bread w/ Strawberry Jam, 1%Milk 홀위트 빵 w/ 딸기잼, 1%우유	29 Whole grain gold fish, Apple, 1%Milk 홀그레인 골드피시, 사과, 1%우유	30 Cheerios Whole grain cereal, Banana, 1%Milk 홀그레인 시리얼, 바나나, 1%우유

